



# Akasagarbha Bodhisattva Sadhana



## 虛空藏菩薩唸誦法

**Start by praying for the root lineage blessing:** First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

**Engender the Four Immeasurable Minds:** Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

**Wake-Up Call:** Clap twice, then cross hands and snap thumbs and middle fingers.

1. **Recite the Purification Mantras and Earth God Mantra**
2. **Recite the Invocation Mantra**
3. **Tender the Great Homage with Visualization**
4. **Mandala Offering**
5. **Fourfold Refuge**
6. **Recite the Repentance Verse and Mantra**
7. **Recite the Four Immeasurable Vows**
8. **Armor Protection**
9. **Recite the Bodhicitta Verse and Mantra**
10. **Recite the High King Avalokitesvara Sutra (1 time).**
11. **Recite the Rebirth Mantra (7 times).**
12. **Recite the Root Guru's Heart Mantra (108 times):**  
*Om, gu-ru, lian-sheng sid-dhi, hum.*
13. **Mudra and Visualization**

**Akasagarbha Mudra:** The fingers of both hands are interlaced outwards. Place both index fingers upright with the tips touching each other to form an arc. The thumbs are then placed side by side against each other.

Illustration of mudra:






**Seed Syllable:** *Kang* (sky blue in color)


**Visualization:** First empty the mind

**Chant the Emptiness Mantra:**

*Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang.* (3 times)

1. A moon disc appears in the void. Within the moon disc, there is a sky

blue syllable 「」 "kang" emitting great light.

2. The 「」 "kang" syllable within the moon disc revolves and transforms into Akasagarbha Bodhisattva. He wears a Five-buddha Crown, is white in color, and sits upon a blue-green lotus. His right arm is held inward and holds a flaming sword. His left fist is positioned at his waist and carries a lotus topped by a pearl-shaped jewel.
3. Clearly visualize Akasagarbha appearing in the space before one. Visualize that the jeweled sword of Akasagarbha emits blazing white light. The blazing light of the sword soars like a roaring flame in the shape of a rainbow arc into the cup of water on the altar.
4. Visualize that the pearl-like jewels atop the lotus in Akasagarbha's left hand emit a ray of white light which enters the water offering on the altar.

**14. Recite the Akasagarbha Mantra of Enduring Memory of What's Learned (108 times):**

Perform mala beads visualization before chanting the mantra

*Namo ◦ ah-kyah-seh-keh-poh-yeh ◦ om ◦ ah-lee ◦ kya-mah-lee ◦ mu-lee ◦ soha*

**15. Nine Cycle Breathing Exercise and Entering Samadhi**

**16. Emerging from Samadhi**

**17. Recite the Principal Heart Mantras**

**18. Recite the Buddha's Name (3 times)**

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.

**19. Dedication**

**20. Recite the Hundred Syllable Mantra (3 times)**

**21. Tender the Great Homage with Visualization (same as step 3)**

**22. Recite the Completion Mantra**

*Om, Bu Lin. (3 times)*

*Om Mani Padme Hum.*

**Dismissal:** Clap twice, then cross hands and snap thumbs and middle fingers.

**End of Practice:** May all endeavors be auspicious.

**Note:**

- For a depiction of Akasagarbha, please reference *The Wisdom Seed of Akasagarbha* in Living Buddha Lian-sheng Book 54, *Vajrayana Karma Practices*.
- Pay special attention on days when a solar or lunar eclipse occurs. On these days one should make offerings of incense, flowers, drinks, and food to Akasagarbha and also place a cup of water on the altar as an offering. Visualize the solar or lunar eclipse entering into the water. This represents that the light of wisdom sword, the light of wisdom fruit, sunlight, and moonlight are in the water. Drink the water and pray for merging with Akasagarbha. One should drink the water offering after every Akasagarbha Practice, not just on days of an eclipse.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.