



Dark-faced Golden Mother Sadhana



黑面金母唸誦法

Start by praying for the root lineage blessing: First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

Engender the Four Immeasurable Minds: Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

Wake-Up Call: Clap twice, then cross hands and snap thumbs and middle fingers.

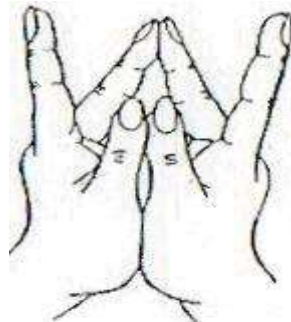
1. **Recite the Purification Mantras and Earth God Mantra**
2. **Recite the Invocation Mantra**
3. **Tender the Great Homage with Visualization**
4. **Mandala Offering**
5. **Fourfold Refuge**
6. **Recite the Repentance Verse and Mantra**
7. **Recite the Four Immeasurable Vows**
8. **Armor Protection**
9. **Recite the Bodhicitta Verse and Mantra**
10. **Recite the High King Avalokitesvara Sutra (1 time).**
11. **Recite the Rebirth Mantra (7 times).**
12. **Recite the Root Guru's Heart Mantra (108 times):**

Om, gu-ru, lian-sheng sid-dhi, hum.

13. **Mudra and Visualization**

Dark-faced Golden Mother Mudra: Interlace the fingers of both hands inwards. Place the middle fingers upright and touching. Point the index fingers apart. Touch the thumbs lightly against the middle fingers. Hold the mudra in front of the chest.

Illustration of mudra:






Seed Syllable: Hum (white in color)


Visualization: First empty the mind

Chant the Emptiness Mantra:

Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang. (3 times)

1. Visualize a moon disc appearing in the void. In the center of the

moon disc is the black seed syllable 「」 "hum."

2. Visualize the 「」 "hum" syllable within the moon disc revolving and transforming into Dark-faced Golden Mother. Dark-faced Golden Mother wears a phoenix crown. She holds a celestial dust whisk and a seven-star sword and looks dignified.
3. Visualize the celestial dust whisk and the seven-star sword held in Dark-faced Golden Mother's hands radiating light. The light arcs over and down, and pours through practitioner's crown, filling the practitioner's entire body. The body becomes crystal clear. All karmic hindrances are cleansed.

14. Recite the Dark-faced Golden Mother Heart Mantra (108 times):

Perform mala beat visualization before chanting the mantra

Om ◦ jin-mu ◦ ha-ha-ha ◦ hum-pei ◦

15. Nine Cycle Breathing Exercise and Entering Samadhi

16. Emerging from Samadhi

17. Recite the Principal Heart Mantras

18. Recite the Buddha's Name (3 times)

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.

19. Dedication

20. Recite the Hundred Syllable Mantra (3 times)

21. Tender the Great Homage with Visualization (same as step 3)

22. Recite the Completion Mantra

Om, Bu Lin. (3 times)

Om Mani Padme Hum.

Dismissal: Clap twice, then cross hands and snap thumbs and middle fingers.

End of Practice: May all endeavors be auspicious.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.