



# Seven Lucky Gods Sadhana

## 七福神唸誦法



**Start by praying for the root lineage blessing:** First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

**Engender the Four Immeasurable Minds:** Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

**Wake-Up Call:** Clap twice, then cross hands and snap thumbs and middle fingers.

1. **Recite the Purification Mantras and Earth God Mantra**
2. **Recite the Invocation Mantra**
3. **Tender the Great Homage with Visualization**
4. **Mandala Offering**
5. **Fourfold Refuge**
6. **Armor Protection**
7. **Recite the High King Avalokitesvara Sutra (1 time).**
8. **Recite the Rebirth Mantra (7 times).**
9. **Recite the Root Guru's Heart Mantra (108 times):**

*Om, gu-ru, lian-sheng sid-dhi hum*

10. **Mudra and Visualization**

**Seven Lucky Gods (Mahakala) Mudra:** Place your palms back to back with the right wrist on top of the left. Cross index fingers, middle fingers, ring fingers and little fingers. Straighten both thumbs upright.

**Illustration of mudra:**






**Seed Syllable:** *Hum*

**Visualization:** First empty the mind

**Chant the Emptiness Mantra:**

*Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang.* (3 times)

1. Above an expanse of ocean is a stretch of clear sunny sky. A moon disc rises from the ocean into the sky. Inside the moon disc is the seed syllable 「」 "hum," emitting yellow light.
2. The seed syllable inside the moon disc revolves and transforms into a large treasure ship sailing on an ocean. The ship is loaded with innumerable treasures such as gold, silver, precious jewels, and bags of rice. The ship also carries the Seven Lucky Gods; Ebisu, the Goddess of Eloquence, Vaishnavana, Longevity Elder, Fu-lu-shou, Mahakala, and Budai Monk.

Ebisu is the god of commerce. His smiling face imparts blessings for business prosperity. He wears hunting clothes with his right hand holding a fishing pole and his left arm embracing a large-headed fish.

Vaishnavana is a celestial god of fortune. He wears armor while holding a pagoda in one hand and a halberd in the other.

The Goddess of Eloquence is the only goddess amongst the seven lucky gods. She is a master musician and expresses herself eloquently and with ease. She wears an eight-lotus crown and embraces a pipa.

Fu-lu-shou is the god of luck, prosperity, and longevity. He looks like the Chinese Nanji Immortal God. He holds a cane and is often accompanied by a white crane.

Longevity Elder is a god of longevity. He is the emanation of Lao Zi of Taoism. He has a thin face and long beard. His hand holds a cane and he is often accompanied by a deer.

Mahakala is the god who creates opportunities and attracts good fortune. He dispels evil gods and protects one's safety. He wears a black headscarf. He carries a cloth bag over his shoulder while in his hand he holds a hammer that can knock out infinite fortunes.

Budai Monk is a god supremely fortunate and auspicious. He is fat

with a large belly and reclines while holding a big cloth bag in his hand.

3. Visualize the Seven Lucky Gods descending to the shrine, Ebisu residing at practitioner's crown chakra, the Goddess of Eloquence and Vaishnavana in the upper Dantian, Longevity Elder and Fu-lu-shou in the middle Dantian, and Mahakala and the Budai Monk in the lower Dantian.

**11. Recite the Seven Lucky Gods (Mahakala) Heart Mantra (108 times):**

*Om, ma-ha-ka-la-ya, so-ha.*

**12. Entering Samadhi**

**13. Emerging from Samadhi**

**14. Recite the Principal Heart Mantras**

**15. Recite the Buddha's Name (3 times)**

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.

**16. Dedication**

**17. Recite the Hundred Syllable Mantra (3 times)**

**18. Tender the Great Homage with Visualization (same as step 3)**

**19. Recite the Completion Mantra**

*Om, Bu Lin. (3 times)*

*Om Mani Padme Hum.*

**Dismissal:** Clap twice, then cross hands and snap thumbs and middle fingers.

**End of Practice:** May all endeavors be auspicious.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.