

## Prabhutaratna Sadhana

多寶如來唸誦法



**Start by praying for the root lineage blessing:** First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

**Engender the Four Immeasurable Minds:** Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

Wake-Up Call: Clap twice, then cross hands and snap thumbs and middle fingers.

- 1. Recite the Purification Mantras and Earth God Mantra
- 2. Recite the Invocation Mantra
- 3. Tender the Great Homage with Visualization
- 4. Mandala Offering
- 5. Fourfold Refuge
- 6. Armor Protection
- 7. Recite the High King Avalokitesvara Sutra (1 time).
- 8. Recite the Rebirth Mantra (7 times).
- 9. Recite the Root Guru's Heart Mantra (108 times): Om, gu-ru, lian-sheng sid-dhi hum
- Mudra and Visualization
  Prabhutaratna Mudra: Form the Shrine Mudra and keep the palms apart slightly in front of chest.

Illustration of mudra:





Seed Syllable: Ah (yellow in color)

## Visualization: First empty the mind

## Chant the Emptiness Mantra:

Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang. (3 times)

1. Above an expanse of ocean is a stretch of clear sunny sky. A moon disc rises from the ocean into the sky. Inside the moon disc is the

yellow seed syllable 「**ガ**:」 *"ah,"* emitting yellow light.

- 2. The seed syllable inside the moon disc revolves and transforms into yellow Prabhutaratna seated on a lotus platform. He wears red kasaya, shows all thirty-two buddha marks, and forms Prabhutaratna mudra with his hands.
- 3. From the brow point of Prabhutaratna, a beam of white light shines onto one's brow point. From the throat of Prabhutaratna, a beam of red light shines onto one's throat. From the heart of Prabhutaratna, a beam of blue light shines onto one's heart. The three lights of white, red, and blue merge completely into one's body and mind.
- 11. Recite the Prabhutaratna Heart Mantra (108 times): "Namo-bo-hu-la • da-na-ye • da-ta-ge-da-ye • "
- 12. Entering Samadhi
- 13. Emerging from Samadhi
- 14. Recite the Principal Heart Mantras
- Recite the Buddha's Name (3 times)
  Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.
- 16. Dedication
- 17. Recite the Hundred Syllable Mantra (3 times)
- 18. Tender the Great Homage with Visualization (same as step 3)
- **19. Recite the Completion Mantra** *Om, Bu Lin. (3 times) Om Mani Padme Hum.*

**Dismissal:** Clap twice, then cross hands and snap thumbs and middle fingers. **End of Practice:** May all endeavors be auspicious.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.