



## Vairocana Sadhana - Diamond Realm



### 大日如來金剛界唵誦法

**Start by praying for the root lineage blessing:** First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

**Engender the Four Immeasurable Minds:** Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

**Wake-Up Call:** Clap twice, then cross hands and snap thumbs and middle fingers.

1. **Recite the Purification Mantras and Earth God Mantra**
2. **Recite the Invocation Mantra**
3. **Tender the Great Homage with Visualization**
4. **Mandala Offering**
5. **Fourfold Refuge**
6. **Armor Protection**
7. **Recite the High King Avalokitesvara Sutra (1 time).**
8. **Recite the Rebirth Mantra (7 times).**
9. **Recite the Root Guru's Heart Mantra (108 times):**

*Om, gu-ru, lian-sheng sid-dhi hum*

10. **Mudra and Visualization**

**Vairocana Mudra: Five Wisdom Mudra,** make your left hand into a fist and extend index finger. Clasp the index finger of your left hand with the five fingers of your right hand, pressing the thumb of the right hand on the tip of the left index finger.

**Illustration of mudra:**






**Seed Syllable:** white *Fan* (Diamond Realm)

**Visualization:** First empty the mind

**Chant the Emptiness Mantra:**

*Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang.* (3 times)

1. Above an expanse of ocean is a stretch of clear sunny sky. A moon disc rises from the ocean into the sky. Inside the moon disc is the white seed syllable 「」 "fan," emitting white light.
2. The seed syllable inside the moon disc revolves and transforms into Vairocana in purplish Jambunada gold color. He is in the form of a bodhisattva, wearing a jeweled Five Wisdom crown and wearing his hair in a bun, like a crown. His body, draped with spun silk, emits lights of many colors symbolizing the supreme enlightenment at Suddhavasa Heaven. He holds the Wisdom Fist mudra.
3. From the brow point of Vairocana, a beam of white light shines onto one's brow point. From the throat of Vairocana, a beam of red light shines onto one's throat. From the heart of Vairocana, a beam of blue light shines onto one's heart. The three lights of white, red, and blue merge completely into one's body and mind.

**11. Recite the Vairocana Heart Mantra (108 times):**

*Om ◦ bie-zha-da-du ◦ fan ◦*

**12. Entering Samadhi**

**13. Emerging from Samadhi**

**14. Recite the Principal Heart Mantras**

**15. Recite the Buddha's Name (3 times)**

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.

**16. Dedication**

**17. Recite the Hundred Syllable Mantra (3 times)**

**18. Tender the Great Homage with Visualization (same as step 3)**

**19. Recite the Completion Mantra**

*Om, Bu Lin.* (3 times)

*Om Mani Padme Hum.*

**Dismissal:** Clap twice, then cross hands and snap thumbs and middle fingers.

**End of Practice:** May all endeavors be auspicious.

**Note:** For the Vajradhatu image of Vairocana, please reference "Vairocana Visualization" in Living Buddha Lian-sheng's Book 68, *The Esoteric Path of Tantric Visualization*.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.