



# The Holy Mother of Heaven

## 天上聖母唸誦法



**Start by praying for the root lineage blessing:** First empty the mind. Next, visualize the Root Lineage Guru Living Buddha Lian-sheng appearing above your crown and radiating light on everyone present. Chant the Root Lineage Guru Heart Mantra 7 times. Pray to the Root Lineage Guru to empower you so that the practice will be auspicious.

**Engender the Four Immeasurable Minds:** Visualize your parents, children, relatives, friends, and enemies joining you in this practice.

**Wake-Up Call:** Clap twice, then cross hands and snap thumbs and middle fingers.

1. **Recite the Purification Mantras and Earth God Mantra**
2. **Recite the Invocation Mantra**
3. **Tender the Great Homage with Visualization**
4. **Mandala Offering**
5. **Fourfold Refuge**
6. **Armor Protection**
7. **Recite the High King Avalokitesvara Sutra (1 time).**
8. **Recite the Rebirth Mantra (7 times).**
9. **Recite the Root Guru's Heart Mantra (108 times):**

*Om, gu-ru, lian-sheng sid-dhi hum*

10. **Mudra and Visualization**

**Supplication Verse:**

Zui-shang-zhi-zhe-bian-cai-tian ◦ Qiu-jian-tian-shen-jie-sui-yuan ◦ Jing-yi-jing-chu-jing-gong-yang ◦ Zi-li-li-ta-wu-qiong-jin ◦ Shan-jie-zhong-lun-fa-yi-bian ◦ Miao-fa-wu-qiong-bu-si-yi ◦

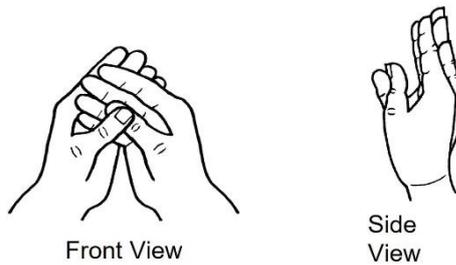
Divine one of the highest wisdom and eloquence, may we perceive your celestial form in response to our prayers.

In clean clothes and clean places, we offer pure offerings; may we benefit both self and others immeasurably.

May we rightly understand all treatises and expound with eloquence teachings of Dharma. Wonderful Dharma, limitless and inconceivable.

**The Holy Mother of Heaven Mudra:** Open both palms vertically with palms facing inward then cross them with the right palm on top of the left palm. Bend both thumbs toward each other and touch the tips together.

### Illustration of mudra:



**Seed Syllable:** *hum* (white in color)

**Visualization:** First empty the mind

**Chant the Emptiness Mantra:**

Om, si-ba-wa, su-da, sa-er-wa, da-er-ma, si-ba-wa, su-do-hang. (3 times)

1. Above an expanse of ocean is a stretch of clear sunny sky. A moon disc rises from the ocean into the sky. Inside the moon disc is the white seed syllable 「」 "hum," emitting great white light.
2. The seed syllable inside the moon disc revolves and transforms into the Holy Mother of Heaven, who wears a Tongtian crown and a rose-colored cape. She holds a Jade tablet in front of her chest with both hands. Or, she may hold a Ruyi with her right hand while her left hand is on her knee (or a chair arm). She appears kind, dignified, and solemn.
3. From the brow point of the Holy Mother of Heaven, a beam of white light shines onto one's brow point. From the throat of the Holy Mother of Heaven, a beam of red light shines onto one's throat. From the heart of the Holy Mother of Heaven, a beam of blue light shines onto one's heart. The three lights of white, red, and blue merge completely into one's body and mind.

### 11. Recite the Sarasvati Heart Mantra (108 times):

" Om ◦ ah-li-ye ◦ su-li-duo ◦ tuo-mi ◦ so-ha. "

### 12. Entering Samadhi

### 13. Emerging from Samadhi

### 14. Praise Verse

*Da-bei-guan-yīn-miao-hua-shen*

*Han-hai-ping-bo-ji-zhou-hang*

*Jiu-ku-jiu-nan-hu-cang-sheng*

*Tian-shang-sheng-mu-wo-jing-li*

The marvelous incarnation of compassionate Avalokiteshvara

Calming stormy waves to rescue voyages over vast oceans

Saving sentient beings from suffering and disasters

I pay homage to the Holy Mother of Heaven

**15. Recite the Principal Heart Mantras**

**16. Recite the Buddha's Name (3 times)**

Namo the 36 trillion 119 thousand and 500 Amitabha Buddhas.

**17. Dedication**

**18. Recite the Hundred Syllable Mantra (3 times)**

**19. Tender the Great Homage with Visualization (same as step 3)**

**20. Recite the Completion Mantra**

Om, Bu Lin. (3 times)

Om Mani Padme Hum.

**Dismissal:** Clap twice, then cross hands and snap thumbs and middle fingers.

**End of Practice:** May all endeavors be auspicious.

Note: Visualization of the Holy Mother of Heaven entering and merging with practitioner: Visualize the Holy Mother of Heaven transforming into a light point, entering into practitioner via the crown, and sitting on the lotus platform in practitioner's heart. Visualize the Holy Mother of Heaven enlarging to the same size as practitioner and the two becoming one. Practitioner and the Holy Mother of Heaven merge without any difference.

An empowerment must be received from Living Buddha Lian-sheng or an authorized True Buddha School master before engaging in this particular sadhana.